

# Free Motion Fills and Frills

Jenny K. Lyon

- Your best machine for free motion quilting.
- Please know how to set up your machine for free motion before class.
- The best free motion foot for your machine – your local dealer can help you select the best foot.
- 5 quilt “sandwiches” from *quality* fabric and batting. Exact size is not important but they should be about 14” square or so - 1 5/8 yds of fabric will yield 6 sandwiches. Fabric should be solid or near solid so that you can see your stitches. Your sandwiches will have 3 layers: fabric, batting, fabric. A thin batting works best. Baste using your preferred method.
- Blue wash out marker, or, white marker if your fabric is dark.
- Quality thread, preferred 50 – 60 weight. Aurifil, Quilters Select, Wonderfil and Superior are good choices.
- Wound bobbin (same thread choices as above).
- Size 80/12 needles, topstitch preferred.
- Quilters ruler - 12” or so - used to mark grids and lines for border work.
- Scissors or snips.
- Roll of paper towels.
- Unlined paper, letter size.
- The free motion quilting supplies you normally use (slider, gloves, straight stitch plate, etc.)

Questions? E-mail [jenny@quiltskipper.com](mailto:jenny@quiltskipper.com)

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