

COLORFUL BIRDS – Intro to the “Heat-Set” technique. SUPPLIES

- Fabrics to bring: You will receive a pattern. You will be able to use the colors I used, or choose your own colors. Ensure you bring lots of fabric scraps in many values, from lightest light to darkest darks. Fabric scraps can be any sizes from small, palm size pieces to quarter yards, fat quarters, or fat eights (9” x 22) Note: These patterns do NOT need a background for class.
- Board – 20”x20” Insulation Board (usually 1 1/4” thick). You can get it at Home Depot, Lowe’s or any building supply store. Optionally a “Cushioned Quilters Square and Blocker” will work very well.
- If using the Insulation Board, bring a piece of “Insul-Bright” Insulated Lining, the size of your board, for board protection (optional);
- Brush – soft, “1/4” wide;
- Pens- “Sharpie” black permanent markers Fine point (not Extra Fine),
- Ballpoint
- Color pencil, best is red, and a regular black pencil
- Pressing Cloth – Teflon type for applique, any size but the larger the better
- Scissors – fabric and paper;
- Freezer Paper – 18” wide;
- Vinyl (2 mil) – also known as painter’s drop cloth. Best is the 2 mil painter’s drop cloth. Can be bought at any hardware or building supply store.
- Long Handled Tweezers are optional but very helpful