

Mola (Applique Quilt)

Mola, a traditional art form from the Cuna Indians of San Blas, Panama.



Discover the reverse applique method of hand applique. Traditional “Molas” were made as blouse panels for women’s clothing.

Now they are intricate works of art used in quilting, clothing and home décor. This workshop will teach layering fabrics, pattern design, and reverse cutaway hand applique. Class project is 12”x12”. This is an intermediate hand applique class. Basic knowledge of hand applique is required.

Supply List:

- Class Kit – Includes fabrics, threads and needles. \$25 paid to teacher in class.
- Sharp point small to medium fabric scissors & paper scissors
 - Chalk pencil in white and blue color
 - Basic #2 pencil
 - Applique pins no longer than 1inch.
- Basic hand sewing supplies – needle threader, scissor, thimble

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