



Sewing Machines for this class are provided by BERNINA of America and Mel's Sewing Center. This classroom includes both BERNINA Q20 machines and standard BERNINA domestic machines. Students will split their time equally.

Due to safety concerns and contractual obligations, you are **NOT** permitted to use any machine other than the machines provided by Bernina.

The following supply list may state that you need to bring your own sewing machine. **THIS IS NOT CORRECT.** Please do not bring your own sewing machine to this class.

BERNINA
made to create



PLEASE CONTINUE TO PAGE 2 FOR THE INSTRUCTOR'S SUPPLY LIST.

Zen Quilting

Jenny Bowker

Requirements for the workshop

Four pieces of Quilters Muslin or soft cream or white cotton fabric about 22 inches by 22 inches - fine enough to be able to see a thick black line through it on a light background, but not flimsy.

2 pieces of batting to match

A large reel of good quality black cotton thread

Several pieces of plain or tone on tone coloured fabric in colours of your choice, at least 8 inches square. We will not use all of it.

About 25 small safety pins to pin your pieces- mine are about 1 ¼" long.

6 ½ x 12 1/2 inch or a 12 inch square patchwork ruler – the size is not critical

Your usual sewing kit – stitch unpicker, pins, scissors for fabric and thread.

1 Black Frixion ballpoint pen by Pilot - I know these can leave a residue that appears in very cold weather but they work well for this class exercise

A small notebook and pen in case you want to record patterns or notes.

Your phone or a camera.

NOTE Please do not glue the sandwiches – we need the fabrics separate in the workshop. Do not bring glue instead of pins as many people react badly to aerosol sprays in small spaces.

If you have questions about the workshop or this requirements list you can contact me on jenny.bowker@gmail.com